

mhclna

Showing leadership in mental health nursing



Issue 5
October 2010

Special Features include:
2010 10th Annual Conference Preview
News and conferences
Scholarship Competition
Members Profile starring Cynthia

Compiled by the MHCLNA NSW & ACT Executive Committee

www.mhclna.org.au

Newsletter Spring 10

[Happy Easter to all valued members](#)

Dear Valued Members and Guests,

Welcome to this our second newsletter of 2010.

I recently had the opportunity to attend the Queensland Health Inaugural Consultation Liaison Symposium. Of the many topics of interest discussed on the day I found it particularly heartening that consultation liaison services are acknowledged as a valued and integral part of mental health service delivery in Queensland and that nursing roles are acknowledged as essential components of these services.

Queensland Health has for sometime been working on a state wide model of service delivery for consultation liaison services which should be released soon and also have included CL in the overall funding formulas and future directions for mental health services.

Lets hope that consultation liaison services will be seen as a priority within NSW Health especially with the period of change that is approaching.

Preparations are well underway for our 10th Annual Conference "Deeper Foundations, New Horizons: The Evolution of Mental Consultation Liaison Nursing" This year's program will be lead off by our Keynote speaker Tim Wand who has long been a leader in the speciality of Mental Health Consultation Liaison Nursing.

The focus of the day will be examining of contemporary issues for Mental Health Consultation Liaison Nurses through both presentation of papers relating to clinical practice and workshops where we can discuss and explore issues related to working within the complex environments that make up the world of Mental Health Consultation Liaison Nursing. It is also a great opportunity to meet and catch up with colleagues from around NSW and the ACT.

Attached to this newsletter is the conference program and registration form.

I would also like to draw your attention to the information about the development of the eJournal and strongly encourage people to submit papers for publication.

The association's Annual General Meeting will also be held on the 12th November 2010. Please consider nominating for a role on the executive committee.

I look forward to seeing you all at the conference,

Cheers

Wayne Keevers

President

MHCLNA NSW & ACT

Our Philosophy

NSW Consultation Liaison Mental Health Nurses are a group of mental health nurses who share a common philosophy of providing the best possible care to people with mental health problems in the emergency department and wards in a general hospital setting.

We provide the link between mental health services and general medicine and surgical services, hospital and community settings, and between various community organisations that service people with mental health problems.

We help the treating nurses, doctors and allied health workers develop skills and confidence caring for people with mental health problems by providing support, education, mentoring and being a role model.

This aims to enhance the confidence and skills to all health providers so that high quality patient care is maintained.

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On the Web

If any of you folks have any interesting websites to tell us about that Drop us an email with the link and we'll spread the news in your newsletter.

It can be anything that is connected with CL/Mental Health nursing that will stimulate the mind or aid practice.

Get surfin.....There is more " On The Web"at the end of the newsletter.

It's here:
www.mhclna.org.au

Conferences/Forums/Education

Mental Health Consultation Liaison Nurses' Association of NSW & ACT 10th Annual Conference

Deeper Foundations, New Horizons: The Evolution of Mental Health Consultation Liaison Nursing

The Mental Health Consultation Liaison Nurses' Association of NSW and ACT is holding their 10th Annual Conference on Friday 12th NOVEMBER 2010 at the North Sydney Harbourview Hotel.

Over the past ten years, Mental Health Consultation Liaison Nursing has played a pioneering role in the provision and promotion of integrated care, and in maintaining the balance between the mind and body continuum in countless general hospital, medical and community settings.

In response to the ever-changing face of mental health care delivery, Mental Health Consultation Nurses have evolved to suit their clinical environments. Their clinical focus has expanded into a variety of areas such as mental health emergency settings and primary health care, providing the platform to launch further career evolution and progression into increasingly diverse roles as educators, therapists, legal advisors, advocates, and nurse practitioners.

The aim of this conference is to illustrate the past, present and future for Mental Health Consultation Liaison Nursing. With a focus on the here and now and what is to come, highlighting innovative and current practices about how Mental Health Consultation Liaison Nurses have evolved in the clinical settings.

Further information is available on the association webpage www.mhcina.org.au or contact Kerrie Cooper on (02) 8382 1111 page 6201, or email executive@mhcina.org.au

The Mental Health Consultation Liaison Nurses' Association NSW & ACT 10th Annual Conference

Deeper Foundations, New Horizons: The Evolution of Mental Health Consultation Liaison Nursing

08:15 - 08:45	Registrations	Foyer
	Morning Session	Chair: Bill Koffmann
08:45 - 09:00	Welcome to Country	Bob Waterer
09:00 - 09:10	Opening and welcome	Wayne Keevers, MHCLNA President
09:10 - 09:40	Keynote Address: 'Exploring the future focus of mental health liaison nursing'	Tim Wand Nurse Practitioner Mental Health Liaison RPAH ED
09:40 - 10:10	An innovative & systemic approach with suicidal adolescents presenting to the emergency department	David Hong Child and Adolescent CNC Sydney South West AHS
10:10 - 10:30	Morning Tea	Foyer
10:30 - 11:00	Nihilism, hopelessness & mental illness. A discussion of the characteristics of students at risk of committing targeted violence	Darrin Cowan Senior Clinical Advisor. Mental Health Intervention Team, NSW Police Force
11:00 - 11:30	A reflection on empathy: past, present & future adaptations to forensic mental health nursing	John McCallum CNC Justice Health Statewide Community & Court Liaison Service

The Mental Health Consultation Liaison Nurses' Association NSW & ACT
10th Annual Conference

**Deeper Foundations, New Horizons:
The Evolution of Mental Health Consultation Liaison
Nursing**

11:30 - 12:00	The Consultation Liaison nurse: Novice & expert - both. Designing & evaluating a CL information program: Learning from the field	Kerry Crawford, CNC Consultation Liaison Psychiatry, ACT Health
12:00 - 13:00	Buffet Lunch	LB's Harbourview Restaurant
	Second Session	Chair: Paul Conway
13:00 - 14:30	Deeper Foundations, New Horizons: Practice Development Workshop	Rachel Rossiter, Senior Lecturer School of Nursing & Midwifery University of Newcastle
14:30 - 14:45	eJournal 1st Edition Launch	Scott Brunero, MHCLNA eJournal Editor
14:45 - 15:00	Afternoon Tea	Foyer
15:00 - 16:30	Workshop: Doing Research in a busy environment	Liz McInnes; Rose McMaster; Asmara Jammali-Blasi Nursing Research Institute, St Vincent's & Mater Health Sydney - Australian Catholic University
16:30 - 17:00	Annual General Meeting Elections, President's Report, Treasure's Report	Wayne Keevers

Deeper Foundations, New Horizons: The Evolution of Mental Health Consultation Liaison Nursing

Name:

Position:

Hospital/Service:

Mailing address:

Phone Number:

Fax Number:

Mobile Number:

Email Address:

Following the conference a dinner and presentation will be held from 1800hrs at the Harbourview Hotel, North Sydney, at a nominal cost of \$30.

I will be attending the dinner Yes No

Payment details

Conference only \$70 (includes membership for one year)

Conference & Dinner \$100

I have enclosed a cheque/money order for the amount of \$____
Made out to Mental Health Consultation Liaison Nurses
Association NSW and ACT. Mail to: MHCLNA P.O. Box 8122
Blacktown 2148 NSW

I have made a direct deposit to the associations account.

Bank: Commonwealth Bank

Branch: Katoomba

BSB: 062559

A/C No: 10265520

Hey Folks!

Letters to the Editor

We are commencing a letters to the Editor section in the newsletter. We encourage robust debate any POSTS that contain discriminatory or abusive language will not be printed (as if!). In the interests of time all POSTS should be a maximum 250 words. Spelling and grammar will be the responsibility of the submitter.

So get it off your chest or ask the questions you were too afraid to ask..... We're all friends here. Email your letters To

pconway@nscchahs.health.nsw.gov.au

“Stones to Gems”

‘Transforming pathways to better mental health care’

Mental Health Consultation Liaison Nurses’ Association NSW and ACT

2009 Conference Evaluation

Thank you to everyone who took time to complete our conference evaluation. Response rate was 60%.

“Quality of venue” was rated excellent by 63.3%; very good by 33.3%; and good by 3.3% of respondents.

“Quality of catering” was rated excellent by 63.3%; and very good by 36.6% of respondents.

“Overall standard of presentations” was rated excellent by 46.6%; very good by 51.6%; and good by 1.6% of respondents.

“Overall relevance of presentations to clinical practice” was rated excellent by 60%; and very good by 40% of respondents.

100% of respondents agreed “the conference was the appropriate length of time.

100% of respondents indicated they would “attend this type of conference again”

100% of respondents indicated they would “recommend this conference to others”.

As is always the case the opportunity for networking; along with the clinical focus, range and quality of presentations were identified as the most positive aspects of the conference. The interactive workshop was well received. Overall the feedback was very encouraging with regards to the value, relevance and running of the conference, with a number of respondents looking forward to the this year’s conference.

Member Profile: Cynthia Delgado

Current Position:

Clinical Nurse Consultant Consultation Liaison Mental Health, Royal Prince Alfred Hospital for the ED and the General Hospital (actively avoiding camera crews) Conjoint Lecturer for Mental Health, Sydney Nursing School, University of Sydney

CL Interests:

Taking every opportunity to rebuff Rene Descartes and continue the cause of 'whole person' care and the de-mystification of mental illness; Promoting a 'healthy mind' (whatever that may mean to each individual) for whoever I have the privilege of meeting in my CL capacity (staff, patients and their significant others); and An absolute fascination with the wonders and complexities of the human body and its connection to its psyche – where else but in CL would one get the chance to explore such richness and individuality?

Education:

A long list of formal and informal education, within a variety of settings alongside wonderful mentors and persons who have continued to inspire my work ethos over the years; culminating in the completion of a Master in Nursing (Mental Health – Nurse Practitioner) early 2010.



Pros & Cons:

The exposure to variety in the world of health and its meaning; being autonomous and yet being part of multiple individual teams; having the opportunity and responsibility to influence people to learn about themselves and improve their mind health; the freedom to be able to see and bring a different focus to persons and situations – potentially bridging gaps in a person's care

Trying to establish a balance in an environment of competing demands and high expectations to be all to everyone; being seen as the absolute expert in everything that seemingly has no other explanation; and that people will learn how to manage challenges after a 20 minute in-service session! ;-)

Other Interests

Majorly eclectic inclusive of listening to a wide variety of music; watching a good flick (foreign, alternative or mainstream from most decades); dining in or out enjoying great food in the company of friends; watching musicals; bushwalking and travelling... but I Justas well love reading a good book, - especially in front of an open fire... wait, I don't own one of those... alas, a girl can dream...

At last I can retake my life as it was before my self-imposed exile from my social life due to my studies...now, if I could just juggle the time spent on the university side of work a little better...

Mental Health Liaison eJournal

The official journal of the Mental Health Consultation Liaison Nurses Association of NSW and ACT will be publishing its first issue at the end of 2010. We plan to launch the issue at the annual conference in November. A selection of interesting articles will feature in the first issue, of what is the first nursing journal worldwide which represents our mental health liaison nursing speciality. We hope that this will inspire many more submissions from colleagues working within mental health liaison nursing and we urge readers to have a look at the author guidelines via the following link:

<http://www.mhclna.org.au/media/eJournal/Author-Guidelines-eJournal.pdf>

We hope that you will enjoy the papers and welcome any informal enquiries regarding submission of articles or colleagues interested in reviewing papers.

Cheers

Scott Lamont

Mental Health Liaison eJournal Editorial Board & Review Panel

Calling all Mental Health Liaison nurses

The Mental Health consultation liaison nurses forum is in the development of an eJournal.

The eJournal will provide a forum for nurses to present their clinical practice work, research and commentary on mental health liaison practice.

All nurses are welcome to submit to the journal, you should consider writing clinical case studies, discussion papers, review papers and short commentaries on the role, work and innovations that mental health liaison nurses make to healthcare.

If anyone one would like to ask further questions or submit a draft for comment before full submission, please feel free to contact me at

scott.brunero@sesiahs.health.nsw.gov.au

Scott Brunero
Editor

The Mental Health Liaison eJournal review panel consists of expert clinicians within the specialty of Mental Health Liaison.

All papers are subjected to a process of blinded peer review with the final decision for publication being left with the Editor. Authors will receive confirmation of their submission upon receipt of their manuscript.

We aim to inform all authors within eight weeks with decisions on manuscripts. In some cases, in light of the reviewers' comments, revision of manuscripts may be required before acceptance for publication.

Copyright is retained by the publishing author, who retains the right to publish their paper elsewhere.

Editorial Board:

Editor: Scott Brunero

Sub Editors: Bill Koffman, Scott Lamont

Professor Jane Stein-Parbury

Submitting to the eJournal

An electronic copy of the manuscript with an abstract is to be forwarded to

scott.brunero@sesiahs.health.nsw.gov.au

Please see author guidelines available at <http://www.mhclna.org.au/e-journals.php>

On the Web

Some useful links! available on available on <http://www.mhclna.org.au/resources.php>
What they have to say about themselves and what they offer!
These resources may be particularly useful to those of you in isolated country areas.

WORLD FEDERATION FOR MENTAL HEALTH

<http://www.wfmh.org/>

WFMH is an international membership organization founded in 1948 to advance, among all peoples and nations, the prevention of mental and emotional disorders, the proper treatment and care of those with such disorders, and the promotion of mental health. The Federation, through its members and contacts in more than 100 countries on six continents, has responded to international mental health crises through its role as the only worldwide grassroots advocacy and public education organization in the mental health field. Its organizational and individual membership includes mental health workers of all disciplines, consumers of mental health services, family members, and concerned citizens. The organization's broad and diverse membership makes possible collaboration among governments and non-governmental organizations to advance the cause of mental health services, research, and policy advocacy worldwide.

MHCLNA Scholarships

The MHCLNA NSW & ACT is committed to supporting its members with their ongoing professional development and educational activities. This year the association is offering scholarships to two members presenting at the MHCLNA's 10th Annual Conference in November 2010. A \$150 scholarship will be awarded to the Best Presentation, and a \$200 Scholarship will be awarded to the Best Rural Presentation*. These scholarships are intended to support professional or educational activities and may be put towards travel, accommodation or registration at the conference or any training opportunity. All members presenting at the Conference will be eligible. The executive committee will judge the presentations on the day.

* For the purposes of this award the definition of Rural will be any member presenting from outside of the Sydney metropolitan area.

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Application for Membership

FULL NAME: _____

HOME ADDRESS: _____

OCCUPATION: _____

EMPLOYER: _____

CONTACT NUMBER: HOME: _____ MOBILE: _____

EMAIL ADDRESS: _____

I hereby apply to become a member of the Mental Health Consultation Liaison Nurses Association of NSW and ACT.

As a member I agree to be bound by the rules of the association for the time being in force.

Signature of Applicant: _____

Date: _____

Please make cheques or money orders for \$30 out to:

Mental Health Consultation Liaison Nurses Association of NSW and ACT
At this stage we are unable to accept cash, credit cards or direct deposits.

Post this form to:

MHCLNA
P.O. Box 8122
Blacktown
NSW 2148

Office use only:

Membership paid/ approved: Date _____

Committee member: _____